
VTCT Level 3 Certificate in Swedish Massage and VTCT Level 3 Diploma in Anatomy, Physiology and Pathologies

What is the course about?

This evening class will help you to gain the relevant skills and knowledge to obtain the VTCT Level 3 Certificate in Swedish Massage. This qualification will develop your practical skills in providing the relaxing and stress relieving treatment of body massage to a high level of occupational ability, to enable you to provide your own services for clients. Underpinning this qualification you will develop a sound knowledge of health and safety, and client care and communication.

The VTCT Level 3 Diploma in Anatomy, Physiology and Pathology is obtained through independent study and completing the relevant online papers to provide you with knowledge of anatomy and physiology of the systems of the human body. This knowledge allows identification of key factors of a healthy body while the pathologies are included in order to identify conditions which may restrict or contra-indicate treatments, and to assist in planning the most appropriate treatment. Email and in-person tutor support will be available.

What are the entry requirements?

There are no entry requirements; however it is necessary to have good basic English and access to a computer with Internet, to complete the on line assessments and to upload evidence to your portfolio. You will be required to work on each other during class to enable you to develop the necessary practical skills.

Course fees

Course fees include tuition, tutorial support, assessment and registration (please see current part time prospectus). Additional fees maybe required for salon uniform, relevant products and equipment. Full details will be available during the induction evening.

Credit Value

Level 3 Certificate in Swedish Massage = 16

Level 3 Diploma in Anatomy, Physiology and Pathology = 42

How long is the course?

34 weeks - 1 x 3 hour lesson per week.

What subjects will I study?

The Level 3 Certificate in Swedish Massage consists of 3 units;

- Monitor and maintain health and safety practice in the salon Through this unit you will develop your skills in a supervisory role focusing on health and safety within the salon enabling you to recognise salon hazards, carry out risk assessments and then implement the necessary actions.
- Client care and communication in beauty-related industries This unit is about client care and communication in beauty-related industries where you will develop the ability to adapt the provision of client care and communication skills, to the needs of different clients, as well as learn how to manage client expectations.
- Provide body massage This unit is about the skills involved in providing body massage treatments where you will learn about the classical Swedish massage movements and will be required to adapt massage techniques to suit individual client needs while incorporating health, safety, hygiene and client care. The Level 3 Diploma in Anatomy, Physiology and Pathology consists of two units;
- Knowledge of anatomy, physiology and pathology for complementary therapies. This unit will develop your knowledge and understanding of anatomy, physiology and common pathologies and is a requirement for the Level 3 Certificate in Swedish Massage.
- Knowledge of less common pathology for complementary therapies

This unit will develop your knowledge and understanding of less common pathologies in order to practice complementary therapies and is a requirement for the Level 3 Certificate in Swedish Massage.

How will I be assessed?

Level 3 Certificate in Swedish Massage.

The practical massage assessments will be achieved within the College training salon towards the end of the course. Case studies will be completed in your own time with a minimum of 3 clients receiving 3 massages. The underpinning knowledge is assessed through observation, which is supplemented with oral questions and written work to produce your e-portfolio and through online exams.

Level 3 Diploma in Anatomy, Physiology and Pathology

This is assessed through online anatomy and physiology papers and pathology papers to ensure understanding of each system, which must be completed prior to sitting the online exams.

Who should I contact?

Please contact the Programme Area Secretary on 648205 or email applications@ucm.ac.im