# **VTCT Level 3 Certificate in Indian Head Massage**

#### What is the course about?

This evening class will provide you with relevant skills and knowledge to obtain the VTCT Level 3 Certificate in Indian Head Massage within the College training salon.

You will develop a sound knowledge of health and safety and client care and communication and the practical skills to provide the relaxing and stress relieving treatment of Indian head massage to a high level of occupational ability to enable you to provide your own services for clients.

# What are the entry requirements?

There are no formal entry requirements, however you should be working within the beauty, hairdressing or holistic therapies industry with access to the Internet to upload evidence to your e-portfolio.

#### Course Fees

Course fees include tuition, assessment and registration (please see current part time prospectus). Additional fees maybe required for salon uniform, relevant products and equipment. Full details will be available during the induction evening.

### How long is the course?

18 Weeks - 1 x 3 hours lesson per week.

Credit Value 13

# What subjects will I study?

The qualification consists of three units;

- Monitor and maintain health and safety practice in the salon
- Through this unit you will develop your skills in a supervisory role focusing on health and safety within the salon enabling you to recognise salon hazards, carry out risk assessments and then implement the necessary actions.
- Client care and communication in beauty-related industries
- This unit is about client care and communication in beauty-related industries where you will develop the ability to adapt the provision of client care and communication skills, to the needs of different clients, as well as learn how to manage client expectations.
- Provide Indian head massage

This unit is about the skills involved in providing Indian head massage treatments and the ability to adapt massage techniques to suit individual client needs with and without the use of oils, while incorporating health, safety, hygiene and client care.

### How will I be assessed?

Your assessor will observe a minimum of 3 practical Indian head massage treatments within the College training salon towards the end of the course. Case studies will be completed in your own time with a minimum of 9 treatments, which must include 3 clients each receiving 3 Indian head massages respectively. The underpinning knowledge is assessed through observation and supplemented with online multiple-choice exams, oral questions and written work to produce evidence for your e-portfolio.

#### Who should I contact?

Please contact the Programme Area Secretary on 648205 or email applications@ucm.ac.im

