

## What is the course about?

This programme is designed to give you a basic grounding in understanding and knowledge of the sport and active leisure sector. This BTEC enables learners to progress towards working within specific areas of employment such as exercise and fitness, leadership support and land/water based outdoor and adventurous activities. Learners completing this qualification may seek employment within the sport sector at a junior level in a range of roles including recreation assistant or sports leader.

The BTEC Level 2 Extended Certificate in Sport: Outdoor Activities is broadly equivalent to two GCSEs and you can also take GCSE Maths and English during the same academic year.

## What are the entry Requirements?

You are expected to have a standard of literacy, numeracy and general education that is equivalent to four GCSEs at grade D including English and Maths. Alternatively, you may have undertaken suitable work experience.

As the BTEC part of this course is firmly focussed on Outdoor Activities it is essential that you are able to cope with undertaking appropriate physical activities in the Manx countryside in all our different types of weather. Students with experience of completing Duke of Edinburgh Awards and those who are members of Air/Army/Navy Cadets or the Scout/Guide Association will find their outdoor experience useful. You will need to have 2 sets of appropriate outdoor clothing, however, speciality kit will be provided.

In addition to meeting the academic requirements of 4 GCSEs grade D including GCSE Maths and English there is also an introductory practical session which aims to show you the sorts of activities to be undertaken and allows both you and us to assess your suitability for this course.

## What subjects will I study?

You will study Practical Land Based Outdoor and Adventurous Activities, Practical Water Based Outdoor and Adventurous Activities, Anatomy & Physiology for Sports Performance, Training for Personal Fitness, Practical Sports Performance and The Mind & Sports Performance.

## How will I be assessed?

BTEC units will be assessed using tutor-devised assignments. This would typically include written reports; presentations; booklets; information leaflets; group work; diaries and reflective logs. An external examination may be required in some units.

What are my progression and career options?

Level 3 courses and/or Employment

## Who should I contact?

All enquiries relating to this course are to be directed to the Programme Area Secretary 648203 or by email to [karen.smith@ucm.ac.im](mailto:karen.smith@ucm.ac.im)  
Before applicants are accepted on to the course they must also attend an interview and participate in the practical assessment session.