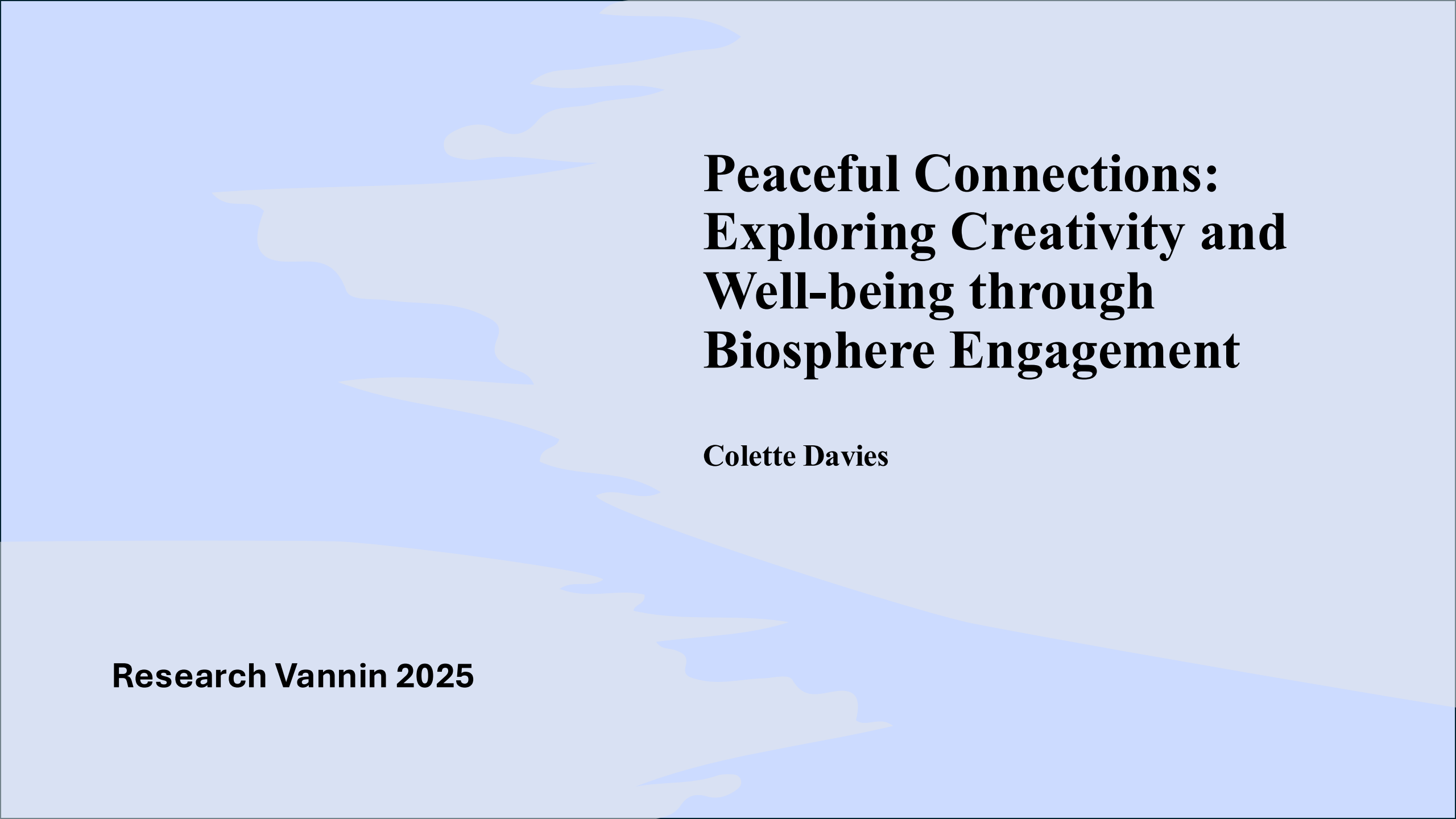
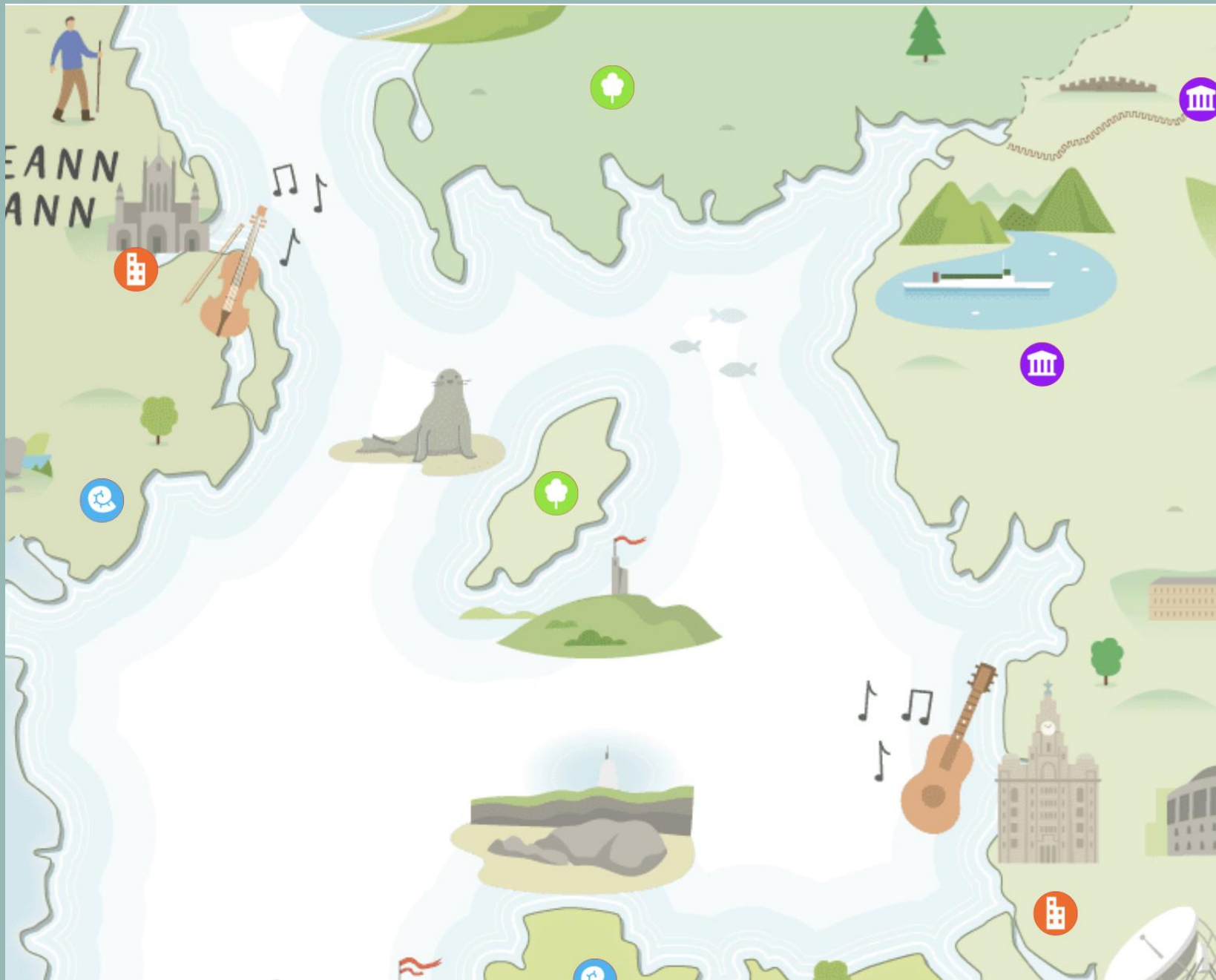




Peaceful Connections: Exploring Creativity and Well-being through Biosphere Engagement

Colette Davies

Research Vannin 2025



**Peaceful Connections: Exploring
Creativity and Well-being
through Biosphere Engagement**



Map illustrated by Tom Woolley

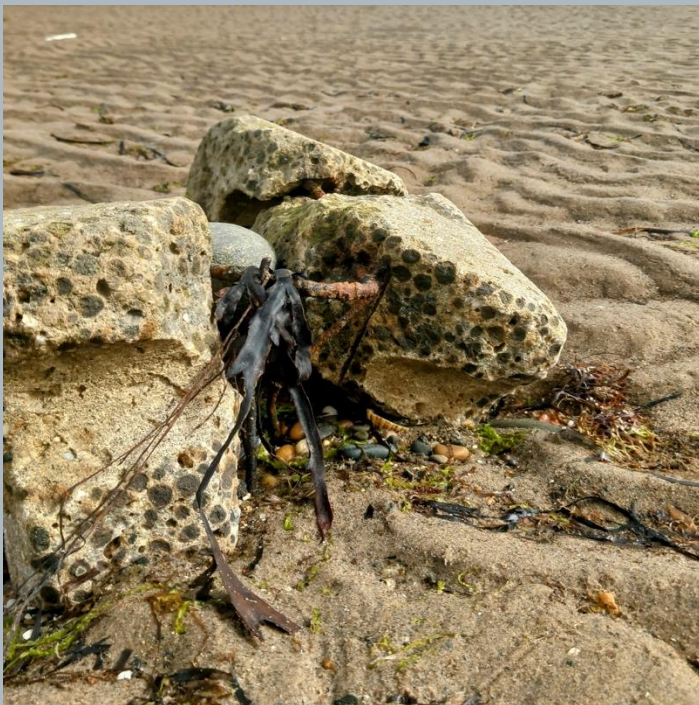
ART EDUCATOR

UCM





BIOSPHERE BRIEF



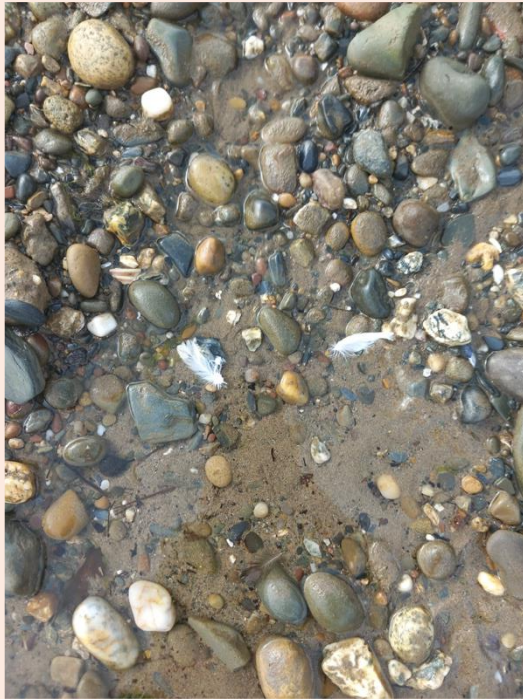








CLOSE LOOKING



MINDFULNESS

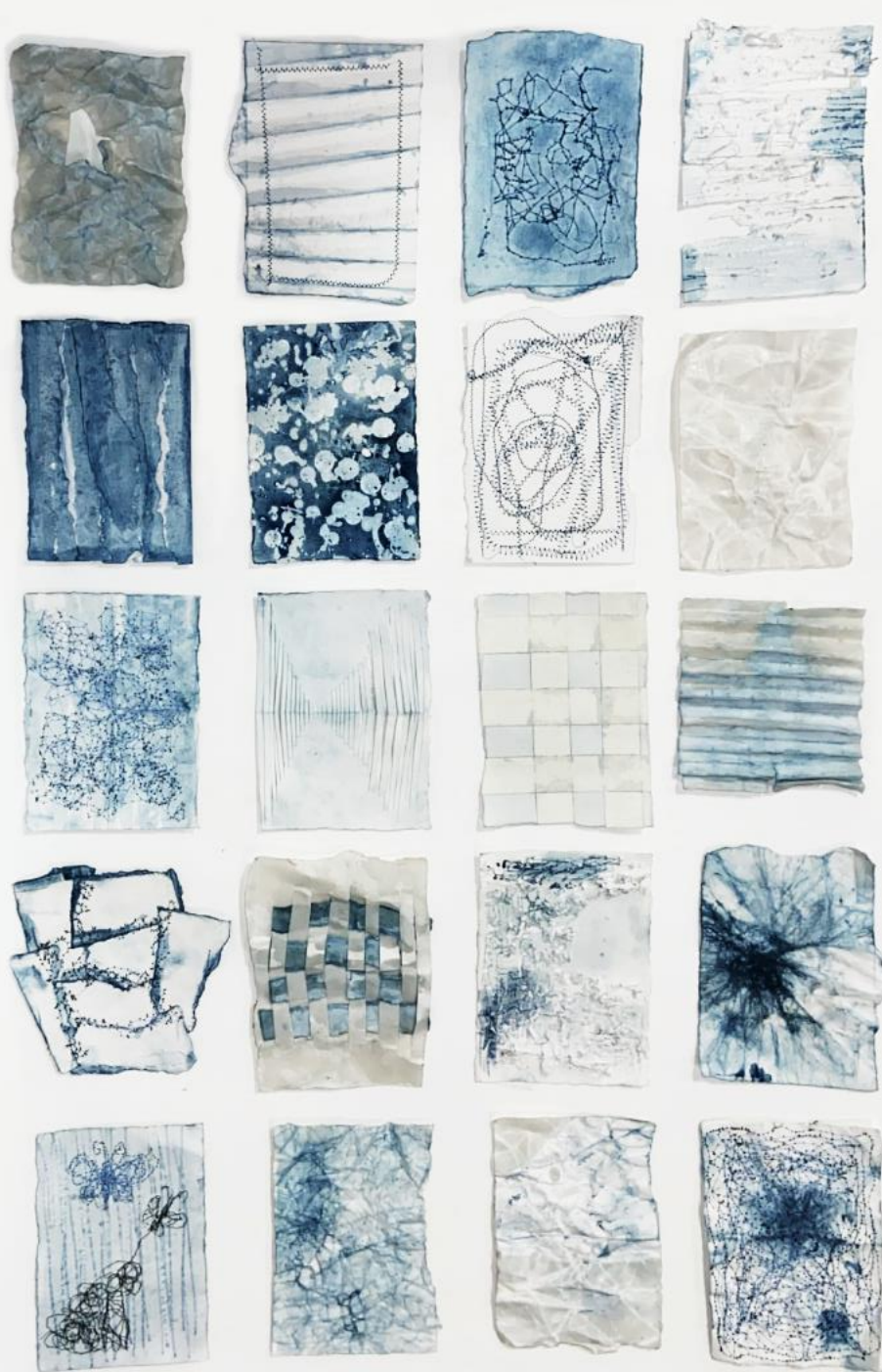


Student images

Above: Photos from Poyll Dooley

Right: sketch created in Milntown

WELLBEING

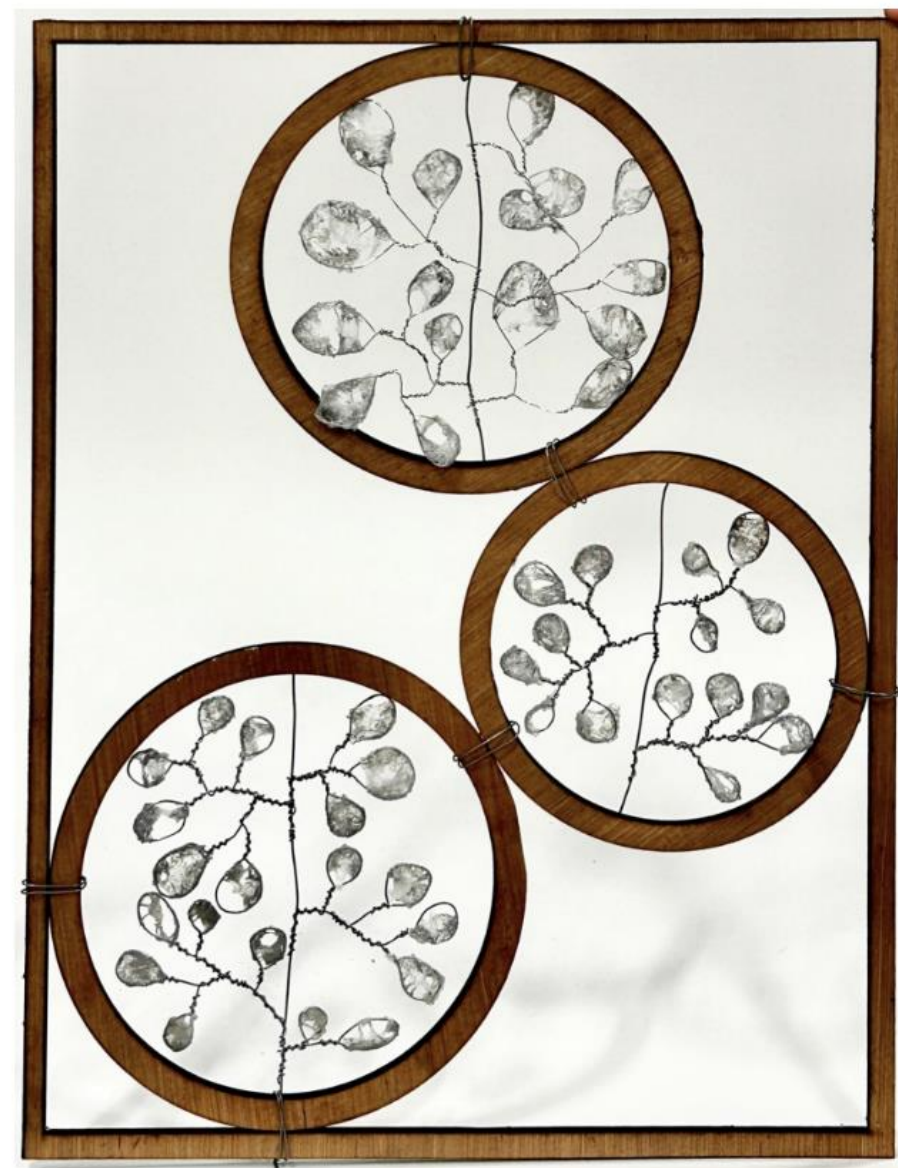


Left: student experimental work developed from the primary research.
Right: student photos from the North shore.





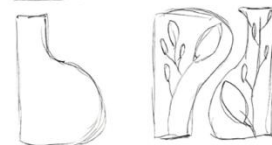
Student images. Left: monoprinting. Right: ceramics.



3D FINAL IDEA DEVELOPMENT



basic screen,
square / rectangular



curved
puzzle
pieces

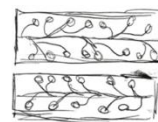


river flowing
inspiration

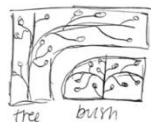
circle of
life inspiration



connecting

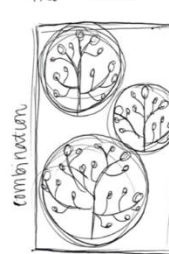


basic shapes



tree

bush



combination



3D print rings

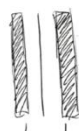
wire

Frame

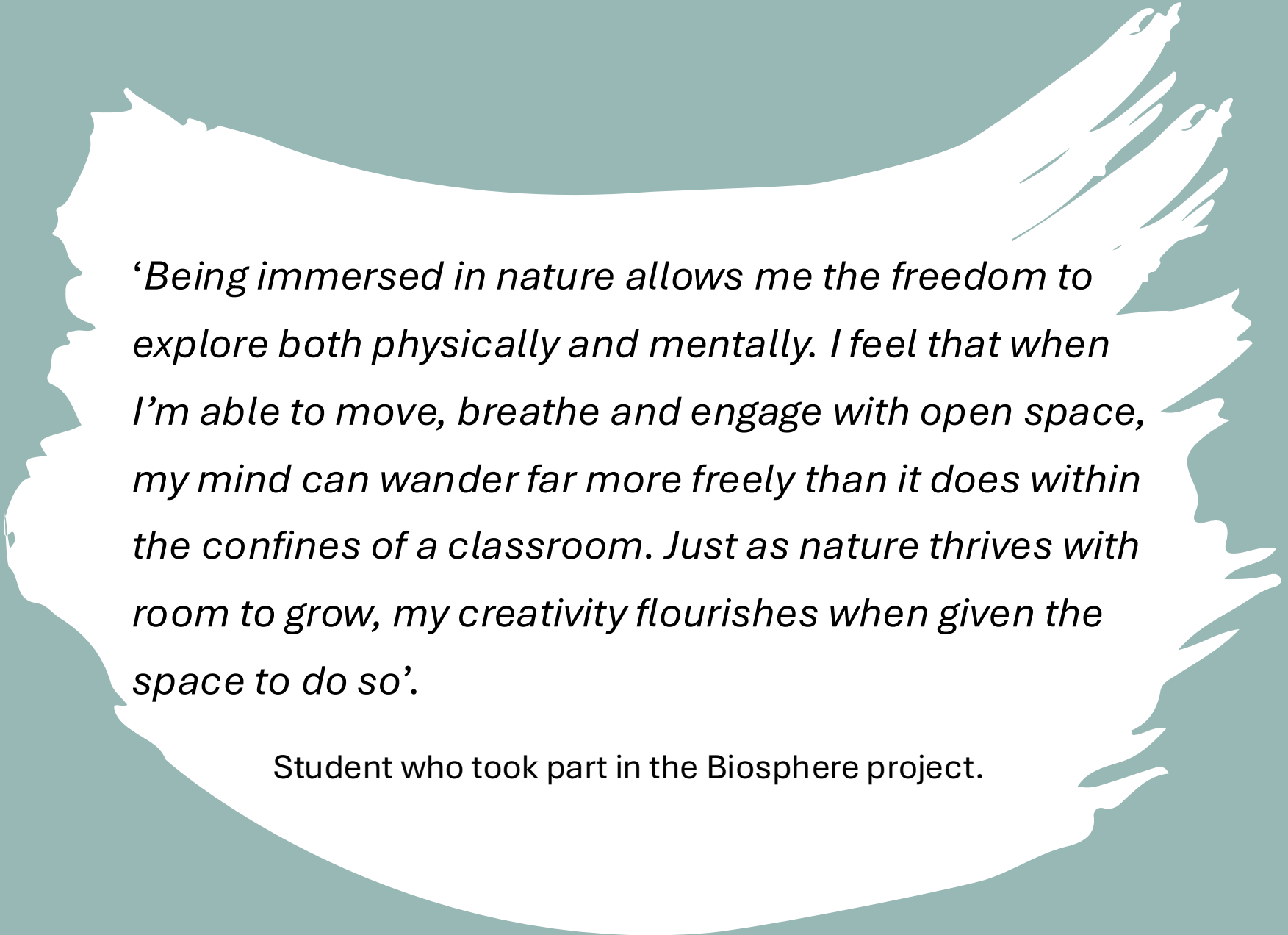
made from
olive polypropylene
burn olive
to hold in
place?
then paint?



what the rings
would look like
with a 3D print
wooden frame



wood to sandwich
the wire
inbetween both



‘Being immersed in nature allows me the freedom to explore both physically and mentally. I feel that when I’m able to move, breathe and engage with open space, my mind can wander far more freely than it does within the confines of a classroom. Just as nature thrives with room to grow, my creativity flourishes when given the space to do so’.

Student who took part in the Biosphere project.

References

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